

NAMI Greater Orlando In-Person Family and Connection Support Groups

Resource number: 69786250

A program of: Self-Help Support Groups Other Alternative Support Groups

Description

Free Individual and Family Support Groups

These free 90-minute meetings are for adults (18 years+) living with mental illness and families/caregivers. Peer-led, participants connect with each other, learn from each others experiences, share coping strategies and offer each other encouragement and understanding. "Connection" Support Groups are for individuals in recovery only, while "Family" Support Groups are intended to involve loved ones as well.

These support group meetings are confidential. Drop in you do not need to make a reservation or call ahead to attend.

We are excited to announce that our continued virtual support groups will have new links each week for our attendees through Zoom. Check our site each Friday for new links to participate in these free support groups.

If you're interested in attending, please give our office a call to obtain the password needed to enter each support group.

Virtual Connection Support Group;

Thursday | 6:30 PM

Meeting ID: 829-8099-3884

[Click here](#)

Virtual Family Support Group;

1st Monday | 6:30 PM

The meeting ID and link will be added as the time comes.

In-Person Family Support Group;

2nd Monday | 9:30 AM

Orlando Health Physicians Office, Building 521 at Orlando Health/South Seminole
555 W. SR 434 | Room 104 | Longwood, FL 32750

In-Person Connection Support Group;

1st & 3rd Monday | 6:30 PM

Orlando Health Physicians Office, Building 521 at Orlando Health/South Seminole
555 W. SR 434 | Room 104 | Longwood, FL 32750

In-Person Family Support Group;

4th Wednesday | 6:30 PM

St. Richards Episcopal Church

5151 Lake Howell Road | Parish Hall | Winter Park, FL 32792

In-Person Connection Support Group;

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In-Person Family Support Group;

Every Tuesday | 6:30 PM

Asbury United Methodist Church

220 West Horatio Ave | Room 15 | Maitland, FL 32751

In-Person Connection Support Group;

Every Tuesday | 6:30 PM

Asbury United Methodist Church

220 West Horatio Ave | Room 14 | Maitland, FL 32751

Phone Numbers

Resources from The Florida Council on Compulsive Gambling, Inc

Suicide Prevention Lifeline	1-800-273-8255	Helpline	1-800-950-NAMI (6264)
Business	(407) 253-1900		
Website	namigo.org/		
Email	information@namigo.org		

Site Information

Location	FL	Mailing Address	FL
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Program Information

Eligibility

Languages Offered

Payment Options

Fees

Application Process

Documents Required

Normal Wait Time

Capacity

Volunteer Opportunities No

Coverage Areas

FL - Orange County	FL - Osceola County	FL - Seminole County
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